

MEMBERSHIP

FREE SILVER MEMBERSHIP

INDOOR POOL JUNE 2 - JUNE 30

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Open Gym 10:00am-12:00pm		Adult Swim 6:30 a.m. - 4:00 p.m.	Adult Swim 6:30 a.m. - 4:00 p.m.	Adult Swim 6:30 a.m. - 4:00 p.m.	Adult Swim 6:30 a.m. - 4:00 p.m.	Adult Swim 6:30 a.m. - 4:00 p.m.
Open Swim 12:00-7:00 p.m.	Open Swim 12:00-4:00 p.m. Family Gym 4:00-7:00 p.m. Adult Gym 7:00-8:00 p.m.	Open Swim 4:00-8:00 p.m.	Youth Gym 10-12 yrs - 4:00-5:00 p.m. 13-15 yrs - 5:00-7:00 p.m. Adult Gym 7:00-8:00 p.m.	Open Swim 4:00-8:00 p.m.	Youth Gym 10-12 yrs - 4:00-5:00 p.m. 13-15 yrs - 5:00-7:00 p.m. Adult Gym 7:00-8:00 p.m.	Open Swim 4:00-8:00 p.m.
Adult Swim 7:00-9:00 p.m.	Adult Swim 7:00-9:00 p.m. 1 lane - (7-8)	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.

INDOOR POOL JULY 1 - AUGUST 31

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Adult Swim 8:00 - 11:00 a.m.	Adult Swim 8:00 - 11:00 a.m.	Adult Swim 6:30 - 9:00 a.m.	Adult Swim 6:30 - 9:00 a.m.	Adult Swim 6:30 - 9:00 a.m.	Adult Swim 6:30 - 9:00 a.m.	Adult Swim 6:30 - 9:00 a.m.
Open Swim 12:00-7:00 p.m.	Open Swim 12:00-7:00 p.m. Drop in Adult Basketball 7:00-9:00 p.m.	Open Swim 12:00-8:00 p.m.	Open Swim 12:00-5:00 p.m. Youth Gym 5:00-7:00 p.m. Adult Gym 7:00-8:00 p.m.	Open Swim 12:00-8:00 p.m.	Open Swim 12:00-5:00 p.m. Youth Gym 5:00-7:00 p.m. Adult Gym 7:00-8:00 p.m.	Open Swim 12:00-8:00 p.m.
Adult Swim 7:00-9:00 p.m.	Adult Swim 7:00-9:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.	Adult Swim 8:00-10:00 p.m.

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OUTDOOR POOL JUNE 2 - JUNE 30

SATURDAY	SUNDAY
Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.
Open Swim 1:00-7:00 p.m.	Open Swim 1:00-7:00 p.m.
Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.

OPEN SWIM: Silver members are welcome to swim! Please note: children under the age of 12 must be accompanied by a parent or guardian over the age of 16. All children under the age of 8 must be accompanied in the water by a parent or guardian over the age of 16. Children between the ages of 8-12 must pass a swim test to enter the water unaccompanied.

ADULT SWIM: Residents over the age of 18 are welcome to enjoy the use of the pool for swimming laps, or relaxing in the water. There is no lifeguard on duty during this time, so for safety reasons there will be a maximum of 10 swimmers at a time in the pool.

FAMILY GYM: Enjoy sports with your child! Children under the age of 10 must be accompanied by a Parent/Guardian.

YOUTH GYM: Drop in sports for youth ages 10-12 and 13-15 years old.

ADULT GYM: Drop in sports for adults 16+

DROP IN ADULT BASKETBALL: First 20 adults play pick up basketball 16+

OUTDOOR POOL JULY 1 - AUGUST 31

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.	Adult Swim 12:00 - 1:00 p.m.
Open Swim 1:00 - 7:00 p.m.	Open Swim 1:00 - 7:00 p.m.	Open Swim 1:00 - 7:00 p.m.	Open Swim 1:00 - 7:00 p.m.	Open Swim 1:00 - 7:00 p.m.	Open Swim 1:00-7:00 p.m.	Open Swim 1:00-7:00 p.m.
Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.	Adult Swim 7:00 - 8:00 p.m.

HOLIDAY HOURS - July 1 & 2 | August 13

Recreation Centre 10:00 - 6:00 p.m. Indoor & Outdoor Pool Open Swim 12:00 - 6:00 p.m.