

# GYMNASIUM SCHEDULE



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
6:00 AM	Platinum Access 6am - 4pm	Platinum Access 6am - 4:30pm	Platinum Access 6am - 4pm	Platinum Access 6am - 11:30am	Platinum Access 6am - 4pm				
6:30 AM									
7:00 AM									
7:30 AM						Platinum Access 8am - 9am		Platinum Access 8am - 10am	
8:00 AM									
8:30 AM									
9:00 AM						Cardio Bootcamp 9am - 10am Debbi			
9:30 AM						Family Gym 10-12pm		Family Gym 10-12pm	
10:00 AM									
10:30 AM									
11:00 AM						Toddler Gym 11:30am - 12pm		Platinum Access 12pm - 4:30pm	
11:30 AM									
12:00 PM									
12:30 PM	Soccer 16+ Years old Open to all residents 12pm - 2pm		Floor Hockey 16+ Years old Open to all residents 12pm - 2pm						
1:00 PM									
1:30 PM									
2:00 PM	Badminton 16+ Years old Open to all residents 2:00pm - 4pm		Basketball 16+ Years old Open to all residents 2pm - 4pm						
2:30 PM									
3:00 PM									
3:30 PM	LEAF After School Program		LEAF After School Program						
4:00 PM									
4:30 PM									
4:30 PM	Youth Basketball 10-16 years old 4:30pm - 6:30pm	Youth Basketball 10-16 years old 4:30pm - 6:30pm	Youth Basketball 10-16 years old 4:30pm - 6:30pm	Youth Soccer 10-16 years old 5pm - 7pm	Platinum Access 4:00pm - 6:00pm				
5:00 PM									
5:30 PM									
5:30 PM	Skip Circuit - 45 min 6pm - 6:45pm Debbi	CrossFIT - 45 min 6pm - 6:45pm Debbi		Gym Rental \$40/Hour 6pm - 9pm					
6:00 PM									
6:30 PM									
7:00 PM	Volleyball Platinum Access Only 7pm - 9:30pm	Badminton Platinum Access Only 7pm - 9:30pm	Basketball Platinum Access Only 7pm - 9:30pm	Badminton Platinum Access Only 7pm - 9:30pm	Basketball Platinum Access Only 7pm - 9:30pm	Gym Rental \$40/Hour 6pm - 9pm			
7:30 PM									
8:00 PM									
8:30 PM									
9:00 PM									
9:30 PM									

- \*\*Platinum Access Members must scan fob to verify access
- \*\*Platinum Access Members have access to all sports programs
- \*\*Gym Rental - Non-Scheduled rental times will become platinum access only
- \*\*Family Gym - Parent must accompany child. Age restriction is 9 years and under.

**May 1st -  
June 30th**