

GYMNASIUM SCHEDULE



| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|----------|--|--|--|--|--|--------------------------------------|--------------------------------------|
| 6:00 AM | Platinum Access 6am - 4pm | Platinum Access 6am - 4:30pm | Platinum Access 6am - 4pm | Platinum Access 6am - 11:30am | Platinum Access 6am - 4pm | | |
| 6:30 AM | | | | | | | |
| 7:00 AM | | | | | | | |
| 7:30 AM | | | | | | Platinum Access 8am - 10am | |
| 8:00 AM | | | | | | | |
| 8:30 AM | | | | | | | |
| 9:00 AM | | | | | | Family Gym 10-12pm | |
| 9:30 AM | | | | | | | |
| 10:00 AM | | | | | | | |
| 10:30 AM | | | | | | Platinum Access 12pm - 4:30pm | |
| 11:00 AM | | | | | | | |
| 11:30 AM | Toddler Gym 11:30am - 12pm | | | | | | |
| 12:00 PM | | | | | | | |
| 12:30 PM | Soccer 16+ Years old Open to all residents 12pm - 2pm | | | | | | |
| 1:00 PM | | | | | | | |
| 1:30 PM | | | | | | | |
| 2:00 PM | Floor Hockey 16+ Years old Open to all residents 12pm - 2pm | | | | | | |
| 2:30 PM | | | | | | | |
| 3:00 PM | | | | | | | |
| 3:30 PM | Badminton 16+ Years old Open to all residents 2pm - 4pm | | | | | | |
| 4:00 PM | | | | | | | |
| 4:30 PM | | | | | | | |
| 4:30 PM | LEAF After School Program | Youth Basketball 10-16 years old 4:30pm - 6:30pm | LEAF After School Program | Youth Basketball 10-16 years old 4:30pm - 6:30pm | LEAF After School Program | Platinum Access 4pm - 6:00pm | Platinum Access 4pm - 6:00pm |
| 5:00 PM | Platinum Access 5pm - 6pm | | Platinum Access 5pm - 6pm | | Youth Soccer 10-16 years old 5pm - 7pm | | |
| 5:30 PM | Skip Circuit - 45 min 6pm - 6:45pm Debbi | | CrossFIT - 45 min 6pm - 6:45pm Debbi | | | | |
| 6:00 PM | | | | | | Gym Rental \$40/Hour 6pm - 9pm | Gym Rental \$40/Hour 6pm - 9pm |
| 6:30 PM | | | | | | | |
| 7:00 PM | Volleyball Platinum Access Only 7pm - 9:30pm | Badminton Platinum Access Only 7pm - 9:30pm | Basketball Platinum Access Only 7pm - 9:30pm | Badminton Platinum Access Only 7pm - 9:30pm | Basketball Platinum Access Only 7pm - 9:30pm | | |
| 7:30 PM | | | | | | | |
| 8:00 PM | | | | | | | |
| 8:30 PM | | | | | | | |
| 9:00 PM | | | | | | | |
| 9:30 PM | | | | | | | |

- **Platinum Access Members must scan fob to verify access
- **Platinum Access Members have access to all sports programs
- **Gym Rental - Non-Scheduled rental times will become platinum access only
- **Family Gym - Parent must accompany child. Age restriction is 9 years and under.

**June 1st -
June 30th**