

GYMNASIUM SCHEDULE

Sept 1st - Sept 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
6:00	Platinum Access 6:00am - 4:00pm	Platinum Access 6:00am - 4:00pm	Platinum Access 6:00am - 4:00pm	Platinum Access 6:00am - 4:00pm	Platinum Access 6:00am - 1:00pm			
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
10:00								
10:30								
11:00	Toddler Gym			Toddler Gym		Platinum Access 10:00am-1:00pm	Platinum Access 10:00am-12:00pm	
11:30								
12:00						Gym Rental \$40/Hour 1:00pm - 9:00pm	Badminton 16+ Years old Open to all residents 12:00pm - 2:00pm	
12:30							Platinum Access 2:00pm-4:00pm	
1:00					Pickleball 1pm-2pm Open to All Residents			
1:30					Platinum Access 2:00pm - 4:00pm			
2:00								
2:30								
3:00								
3:30								
4:00	LEAF 4:00pm - 5:00pm	Junior NBA 4:00pm - 5:00pm	LEAF 4:00pm - 5:00pm	Junior NBA 4:00pm - 5:00pm	LEAF 4:00pm - 5:00pm			Basketball 16+ Years old Open to all residents 4:00pm - 6:00pm
4:30	Platinum Access 5:00pm - 6:00pm	Youth Basketball 10-16 years old 5:00pm - 7:00pm	Platinum Access 5:00pm - 6:00pm	Youth Basketball 10-16 years old 5:00pm - 7:00pm	Youth Soccer 10-16 years old			Gym Rental \$40/Hour 6:00pm - 9:00pm
5:00								
5:30	Skip Circuit - 45 min 6:00pm - 6:45pm		Crossfit - 45 min 6:00pm - 6:45pm		Soccer 16+ Years old Open to all residents 6:00pm - 8:00pm			
6:00								
6:30	Basketball Platinum Access Only 7:00pm - 9:30pm	Badminton Platinum Access Only 7:00pm - 9:30pm	Basketball Platinum Access Only 7:00pm - 9:30pm	Badminton Platinum Access Only 7:00pm - 9:30pm	Gym Rental \$40/Hour 8:00pm - 10:00pm			
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								

- *ALL residents must scan membership card at front desk to verify access
- *Platinum Access Members have access to all sports programs
- *LEAF - After school program
- *Gym Rental - Non-Scheduled rental times will become platinum access only
- *Family Gym - Parent must accompany child. Age restriction is 9 years and under.

