

Gym Schedule – September–December 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00	Household Gym (10:00-12:00pm)						Household Gym (10:00-12:00pm)	
11:00								
12:00	Rentals (12:00-2:00pm)						Rentals (12:00-2:00pm)	
1:00								
2:00	Basketball Ages 16+ (2:00-3:50pm)						Badminton Ages 16+ (2:00-5:30pm)	
3:00								
4:00	Ball Hockey Ages 16+ (4:00-5:50pm)	Kids Multisport Ages 8-12 (4:00-5:00pm)						
4:30			Volleyball Lessons Ages 10-15 (4:30-5:30pm)		Jr NBA Ages 8-15 (4:30-5:30pm)			
5:00		Jr Soccer Ages 4-6 (5:15-6:00pm)						
5:30		Youth Volleyball Ages 12-16 (5:30-6:30pm)		Youth Basketball Ages 12-15 (5:30-6:30pm)	Adult Volleyball Ages 16+ (5:30-7:20pm)			
6:00	Rentals (6:00-8:50pm)	Jr Soccer Ages 7-15 (6:00-6:45pm)				Rentals (6:00-8:50pm)		
6:30								
7:00		Basketball Ages 16+ (7:00-9:50pm)	Badminton Ages 16+ (7:00-9:50pm)	Basketball Ages 16+ (7:00-9:50pm)	Badminton Ages 16+ (7:00-9:50pm)			
7:30							Rentals (7:30-9:50pm)	
8:00								
8:30								
9:00								

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